

Warning Signs

Questions you should ask your self:

- Are your friends starting to ignore you?
- Having legal problems?
- Not able to relax or have fun without drugs?
- Having angry outbursts, mood swings, irritability, manic behavior, or overall attitude change?
- Are you using drugs and / or alcohol first thing in the morning?
- Is your family mad at you?



Crisis Services & Information Hotline

Crisis Line (24 hours a day): 1-888-232-7192
TDD: 1.800.221.2832

Crisis Intervention • Confidential • Referral



Alcohol and Other Drug Treatment Program

541-766-3540



The mission of Benton County Mental Health is to promote health, independence and growth by providing quality professional services.

557 N.W. Monroe Avenue
Corvallis, OR 97330
541-766-3540

Website: <http://www.co.benton.or.us/>

Benton County Alcohol and Other Drug Treatment program offers a variety of treatment options for individuals desiring recovery, growth and healing from alcohol or other drug abuse dependence.

- We provide skilled staff who are state certified and trained in alcohol and other drug interventions and treatments.
- Person-centered treatment
- Researched-based techniques
- Treatment options and goals are made to fit individual needs.
- An environment that encourages Individuals to participate in decision-making related to their goals and treatment.



Cost

We accept Oregon Health Plan (OHP) and some private insurances. If you do not have any insurance, we offer a sliding-fee scale based on income.

Eligibility

To participate in our program you need to be:

- A resident of Benton County
- 14 years or older (doesn't require parental consent)
- Have IHN (Intercommunity Health Network) which allows you eligibility for alcohol and other drug services **or**
- Have your Oregon Health Plan (OHP) card , or a letter of proof that you have applied for OHP

Sliding-fee scale available for those meeting financial guidelines.

Orientation

The first appointment is an orientation which can last between 1-2 hours long and includes the following:

- Paperwork which includes financial information and an admissions form
- A 30 minute orientation session which tells you about our programs
- A one-on-one session to insure that we agree on your involvement in this program

Confidentiality

Information about you is confidential. You must give written permission before we can share information about you with other people or agencies. There are some exception, please feel free to ask your provider what these exceptions are.

Services

Assessment

We will assist you in assessing the severity of your alcohol or other drug use. If necessary, we will help place you in an inpatient facility if your problem cannot be treated in our outpatient program.

We offer:

- Urine Screening
- Groups
- Education
- Case Management
- Gender-Specific Services
- After-care

