

Minutes of the Meeting
Benefits & Wellness Committee

Wednesday, August 27, 2008 1:30 – 4:00 p.m.
Benton Plaza Large Meeting Room

- **Present:** **Sandy Barney**, Finance; **Bernie Feyerherm**, ASD; **Libet Hatch**, Human Resources; **Jorge Hernandez**, Human Resources; **Maryam Jones**, Health; **Mary Otley**, Finance; **Patty Parsons**, Health; **Mary Shaughnessy**, Health; **Lynne Whiteman**, DA Office;
- **Absent Members:** **Dave Hannahs**, Public Works; **Ryan Moody**, Sherriff's Office; **Jenna Morrison**, Sherriff's Office; **Steve Yellan**, Health
- **Guests:** **April Coiteux**, JBL & K Insurance; **Tom Fronk**, Interim ASD Director; **Pam Williams**, **Christina Lynch**, **Dianne Thompson**; Center for Disease Control

Meeting called to order at 1:35 p.m.

A. Worksite Wellness Site Visit – Christina Lynch; Introduction by Patty Parsons

- At the last meeting, Parsons reported that some personnel from the Center for Disease Control will come to Corvallis in the fall and see what Benton County is doing for its Health/Wellness programs.
- She brought Pam Williams, Christina Lynch, and Dianne Thompson to the meeting to observe what transpires in a typical Wellness/Health Meeting at Benton County.

B. Review minutes from July 23, 2008 meeting – Libet Hatch

- Hatch asked if the Wellness webpage will be available to employees and their family via the Benton County external webpage. Hernandez would like to have the internal site duplicated on the external site. He'll look into the possibility.
- Otley suggested having the meeting minutes posted on the Intranet. Hatch agreed.

C. 2008-09 Worksite Wellness Plan – Libet Hatch

- Hernandez passed a draft of the Wellness Plan to the committee for perusal. Parsons has worked on the policy with the help of Hatch and Hernandez.
- Goal is to improve employees' mental and physical health. The 1986 version of the Wellness Team Mandate was read by Otley.
- Some changes were suggested, discussed and noted by Hernandez.
- It was also suggested that a monetary incentive be implemented to get employees participate.
- Once the document is finalized, the proposal will be presented to the Board of Commissioners for funding.

D. Benton County Worksite Wellness Policy – Libet Hatch

- Copies of the Wellness Policy were passed to the committee for review. A few changes were suggested, discussed and noted by Hernandez .

- Hatch would like to see the Wellness Policy be incorporated in Personnel Policy.
- Once the document is finalized, the proposal will be presented to the Board of Commissioners for approval.

E. 2008 - 98 Flu Clinic – Jorge Hernandez

- Hernandez reported that the Flu Clinic will be scheduled for October 9 in the Benton Plaza Meeting Room (basement conference room).
- Flu Clinic will be for employees only, but will also be open to dependents; 100% covered.
- They need to bring their insurance card.
- They also have an option to go to the Corvallis Health Department or to their provider.
- The first announcement/flyer will be sent out shortly.

F. January 2009 Health Assessment with Health Fair – Jorge Hernandez

- Hernandez will contact and will bring in people to talk about chronic diseases as well as vendors/providers that they want to be at the Health Fair.
- They will also invite health clubs.
- Projected Health Fair date is the third week in January and will run for two days.
- If supervisors and managers take a more active role to implement this program, it will make the activity worthwhile. This will give a message that it is important for everybody. Hatch will present the information to supervisors during supervisor core training.

G. Experience Report – April Coiteux

- Coiteux distributed the experience report to the committee and briefly discussed the report:
 - Average age of employees enrolled in the plan is 46.3 years compared to Pacific Source's average group of 43.4 years. The more young kids in the plan, the better. We are higher than average.
 - Large claims are doing great compared to Pacific Source's average group.
 - In-patient utilization is below average; Out-patient usage and prescription is higher than average.
 - Prescription generic usage is 67% of all drugs, which is right on target.
 - Chronic conditions – 37 members identified with chronic diabetes; 39 members with chronic asthma. These are slightly higher than average. 12 members were identified with chronic heart disease.
 - Benton County's rating is much higher (40%) than what they see as average for chronic conditions based on diagnosis.

Meeting adjourned at 3:46 p.m.

Next meeting: September 24, 2008 at 1:30 p.m., Large Meeting Room