

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
February 2, 2016**

Present: John Wolcott, Lisa Pierson, Jon Tripp, Andrea Myhre, Tom Giles, Helen Cunha, Amy Young, Andrea Thornberry, Dianne Farrell, Diana Allen, and Bryant Seton

Excused: Robert Reff and Barbara Mullins

Absent: Steve Vets and Eleanor Daniels

Staff: Mitch Anderson, Jasper Smith, Sherry Sullens, and Tammy Shandy (recorder)

Guests: Curtis Miller and Toni Larson

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Lisa Pierson, Chair.

II. Approval of January 2016 Minutes

The January 2016 minutes were presented for approval.

The following change was noted: IV. New Business, Senior Mental Health Coordination: change mental health to certain services. IV. New Business, IHN-CCO and Advisory Council Updates: add "make the region more competitive in getting money"

Motion was made by Jon Tripp to approve the January 2016 minutes with noted change. Andrea Thornberry seconded the motion, so approved by unanimous vote.

III. Community Feedback and Announcements

Tripp-

- Informed committee that he was recently hit by a car while riding his bicycle.

Wolcott-

- Recently heard that Samaritan purchased an assisted living facility in Sweet Home with the thoughts of making it into a detox/rehab facility. However, they will be looking at another location for the facility.
- Corvallis Advocate came out today with an article on Mental Health gaps in Benton County.

Anderson -

- Handed out to members a Benton County Mental Health Organization Chart that included the names of Mental Health Managers and programs they supervise.

IV. New Business

Oregon State Residential Facilities Ombudsman – Toni Larson

Handouts were provided by Toni - Long-Term Care Ombudsman, Reaching Out for Quality Care, and You Have Rights.

The Oregon Long-Term Care Ombudsman's Office provides advocacy for individual's rights and quality care for persons living in assisted living facilities, nursing homes, adult foster homes, and residential care facilities. The Ombudsman program is an independent state agency with 7 Deputies divided in the regions. Benton County has one, who is Tom Giles our committee member

In 2013, the state expanded the duties of the Office of the Long-Term Care Ombudsman to address needs of residents living in homes or facilities licensed or certified for mental health conditions or intellectual and/or developmental disabilities. Oregon's Residential Facilities include Adult Foster Homes, 24-Hour Residential Homes and Residential Treatment Facilities for both Mental Health and Developmental Disabilities. There are 2,200 homes statewide; this excludes secured facilities.

Larson expects the phone lines for the Residential Facilities Ombudsman's Office to be live for calls sometime in March.

VI. Recap 2015

Wolcott provided a recap of accomplishments during 2015:

- Homelessness – worked on for about 5 months with agency representatives providing information.
 - Homeless Report was written by MHADDAC members and given to the Board of Commissioners

VII. March Agenda Items

- Announcement/Community Feedback
- Develop Program Planning Session – Strategic Plan

Adjourned at 6:35pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
March 1, 2016**

Present: John Wolcott, Lisa Pierson, Jon Tripp, Andrea Myhre, Helen Cunha, and Bryant Seton

Excused: Tom Giles and Barbara Mullins

Absent: Robert Reff, Andrea Thornberry, Diana Allen, Amy Young, Steve Vets, Dianne Farrell, and Eleanor Daniels

Staff: Mitch Anderson, Sherry Sullens, and Tammy Shandy (recorder)

Guests:

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Lisa Pierson, Chair.

II. Approval of February 2016 Minutes

The February 2016 minutes were presented for approval. It was noted that today's meeting does not have a quorum.

It was noted that clarification is needed for IV. New Business – Oregon State Residential Facilities Ombudsman. Shandy will contact Giles to review and edit as needed. Minutes will be presented at the April meeting for approval.

III. Community Feedback and Announcements

Wolcott and Cunha-

- Attended a homeless meeting session at the Corvallis Public Library. Housing First decided not to operate a homeless shelter. At this session, Kenny LaPoint talked about the importance of permanent housing. People need help to get stabilized.

Anderson and Pierson -

- A plaque of appreciation for serving as Chair was presented to Wolcott.

IV. New Business

Bylaws

MHADDAC Bylaws revisions have been approved by the Board of Commissioners – updated bylaws were handed out. Pierson suggested members read the document to become familiar with the content.

Strategic Planning

Pierson opened the strategic planning discussion by asking members what topic discussions they were interested in MHADDAC pursuing in 2016. The following was noted as topics of interest:

- Detox Center/Services
- Support community housing for Mental Health, Developmental Diversity, and Addiction populations/homeless
- Jail and outreach to correctional systems
- Invite BOC for conversation/feedback in the Fall 2016 (Sept/Oct)
- Outreach and engagement with Benton County Health Department clients/committee
- Update on Developmental Diversity Program and Mental Health Program

This list will be sent out to the membership for further discussion at the April 5th meeting.

Pierson requested program updates for Developmental Diversity and Mental Health. It was decided to have Developmental Diversity Program Update as an agenda item for April.

VII. April Agenda Items

- Strategic Planning - Continuation
- Developmental Diversity Program Update

Adjourned at 6:30pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
May 3, 2016**

Present: John Wolcott, Lisa Pierson, Jon Tripp, Helen Cunha, Bryant Seton, Dianne Farrell, Tom Giles, and Amy Young

Excused: Andrea Myhre and Barbara Mullins

Absent: Robert Reff, Andrea Thornberry, Diana Allen, Steve Vets, and Eleanor Daniels

Staff: Mitch Anderson, Sherry Sullens, Kacy Giles, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:15 pm by Lisa Pierson, Chair.

II. Approval of April 2016 Minutes

The April 2016 minutes were not presented for approval.

III. Community Feedback and Announcements

Pierson

- Community Mental Health Day at the State ran by Oregon Family Support Network (OFSN) on May 19th from 10:00 a.m. – 2:00 p.m.

Tripp

- National Alliance on Mental Illness (NAMI) picnic will be May 21st from 6:00 p.m. – 7:30 p.m. at the Lyons Shelter in Avery Park.

Wolcott

- Stepping up Summit keynote speaker was really good. The video lasts approximately 45 minutes. The link to the video is: <https://stepuptogether.org/events>
- Benton County and Community Outreach each received money for homeless.

Anderson

- Regional Health Assessment meeting is on May 23rd from 5:30 p.m. – 7:00 p.m. Flyer passed around.
- Jail Diversion Grant was awarded. New position will be full time at the jail and will screen all inmates.

IV. Old Business

Bylaws

Anderson reported that the bylaws had minor revisions due to change in Benton County Code Chapter 3.035. Revisions were reviewed by the committee. Some members asked what the reason is behind the change. **Action:** Anderson will follow up with Vance Croney and report back to MHADDAC.

Strategic Planning

Previous list of topic ideas for 2016:

- Detox Center / Services
- Support community housing for Mental Health, Developmental Diversity, and Addiction populations/homeless (Affordable Housing)
- Jail and outreach to correctional systems
- Invite Board of Commissioners for conversation/feedback in the Fall 2016 (Sept/Oct)
- Outreach and engagement with Benton County Health Department clients/committee
- Update on Developmental Diversity Program and Mental Health Program

Additional ideas/presentations suggestions from today:

- Statewide results from Behavioral Health Town Hall meeting – Sara Gelser
- Residential Mental Health – Sara Gelser
- Governors Executive order on transitioning shelter workshops
- Ongoing focus on legalized marijuana
- Board of Health meeting – small group session results
- Suicide Prevention – Statewide report online
- Peer Support Specialists Report
- Invite NAMI Chair/President

Tentative schedule for the next 4 months:

June

- Harm Reduction/Needle Exchange Program – Chris Gray
- Housing – Kenny Lowe

July / August / September / October

- Peer Specialists
- Sarah Gelser
- Board of Commissioners

Pierson will contact Gray and Lowe to attend the June meeting and Gelser for July, August, September, or October. Shandy will contact the Board of Commissioners (BOC) on attending in August, September, or October. Gelser and BOC will be on different months.

Motion was made by Wolcott to send a letter of encouragement to Samaritan Health to use their recently purchased property in Lebanon as a detox treatment center. Tripp seconded the motion, so approved by unanimous vote.

Pierson will draft up a letter and have Anderson review. After the letter is finalized it will be sent out to the entire MHADDAC membership.

VII. May Agenda Items

- Strategic Planning – Continuation
- Bylaws

Adjourned at 6:30 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
June 7, 2016**

Present: John Wolcott, Lisa Pierson, Jon Tripp, Helen Cunha, Bryant Seton, Tom Giles, Amy Young, Andrea Myhre, Andrea Thornberry, and Diana Allen

Excused: Robert Reff, Dianne Farrell, and Barbara Mullins

Absent: Steve Vets and Eleanor Daniels

Staff: Mitch Anderson, Sherry Sullens, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:15 pm by Lisa Pierson, Chair. Pierson made modifications to the Agenda to accommodate her guest speaker – Brad Smith, Board Member of Housing First.

II. Approval of April and May 2016 Minutes

The April 2016 minutes were presented for approval. It was noted to remove Amy Young as being listed absent.

Motion was made by Cunha to approve the April 2016 minutes with the noted correction. Tripp seconded the motion, so approved by unanimous vote.

The May 2016 minutes were presented for approval.

Motion was made by Tripp to approve the May 2016 minutes as written. Young seconded the motion, so approved by unanimous vote.

III. Community Feedback and Announcements

Item not discussed.

IV. New Business

Regional Health Assessment – Peter Banwarth

The Regional Health Assessment includes Linn, Benton, and Lincoln County. The following was noted from Banwarth's PowerPoint Presentation:

Benton County has 81% urban and 19% rural residents which differ from Linn and Lincoln Counties that are closely matched with percentages of urban and rural residents.

Race and ethnicity is similar across the three counties with white being the largest population: 86.6% Linn, 82.8% Benton, and 83.3% Lincoln. Hispanic or Latino population was the second highest percentages across all three counties.

Benton County Strengths are: education, low rates in chronic disease, water and air quality, early prenatal care, having health insurance, and low rates among youth for tobacco, drug and alcohol use.

Benton County Challenges include: the highest income equality in the state, median cost of childcare (25%), affordable housing, food insecurities for children, disabled people being unemployed, and LGBTQ more likely to suffer from behavioral illness.

Samaritan Health Services health perceptions survey completed recently showed 47% of respondents most important health issue were alcohol or drug abuse (637) or mental health and behavioral health (369).

Houselessness data from one-night point in time 2015 regional houseless count revealed: 255 sheltered, 148 unsheltered. 231 men, 169 women, and 3 (did not self-identify) which = 403 houseless individuals. 331 individuals and 72 families

Banwarth explained that there is unreliable and/or no data before 2010 in some areas. He also informed the committee of the depth of his data sources. If members have questions or want more information they were highly encouraged to contact the Regional Health Assessment team by email that was provided. Presentation material will be sent out to the committee by Shandy.

Housing First Board Member – Brad Smith (agenda item added)

Smith gave a presentation on the Corvallis Housing First Shelter which has been in operation for 10 years. The shelter was renamed from the Corvallis Homeless Shelter Coalition to Corvallis Housing First. The following was noted:

- Programs offered
 - Men's Winter Shelter
 - Women's Winter Shelter
 - WRAP
 - Partner's Place
 - Permanent supported housing
 - 14 units
 - 4 years old
- Occupancy from 2006–2016 has been consistent with fewer than 40 beds being utilized per night.
- Shelter Season November – April
 - 2014-2015 – 167 individuals, 5176 bed nights
 - 2015-2016 – 158 individuals, 4699 bed nights
- Average age: 43.6 for men and 43.5 for women
- State of birth: Men 33% from Oregon and Women 41% from Oregon
- Duration of stay
 - For men it is just under 50% from 0-6 months. Median is about 1 year and Mean is 4.8 years.

- For women it is just under 30% from 0-6 months. Median is about 6 months and Mean is 2.1 years
- Ethnic composition is 69.3% white male and 71.1 white female
- Higher percentage of women than men make use of benefit packages, such as Social Security Income, Oregon Health Plan and Food Stamps.
- Approximately $\frac{3}{4}$ of the men have significant substance abuse problems
- Approximately $\frac{1}{2}$ of the men have moderate to severe mental health issues
- Approximately $\frac{1}{2}$ of the men have moderate to severe medical problems

V. Old Business

Strategic Planning for 2016

Item not discussed

VII. July Agenda Items

- Strategic Planning
- Housing - Kenny Lowe
- Harm Reduction/HIV - Chris Gray

Adjourned at 6:45 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
July 5, 2016**

Present: John Wolcott, Lisa Pierson, Jon Tripp, Helen Cunha, Bryant Seton, Tom Giles, Amy Young, Andrea Myhre, Diana Allen, Dianne Farrell, and Barbara Mullins

Absent: Robert Reff, Steve Vets, Andrea Thornberry, and Eleanor Daniels

Guest: Brad Smith

Staff: Mitch Anderson, Sherry Sullens, Chris Gray, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:18 pm by Helen Cunha, Vice Chair.

II. Approval of June 2016 Minutes

The June 2016 minutes were presented for approval.

Motion was made by Tripp to approve the June 2016 minutes as written. Giles seconded the motion, so approved by unanimous vote.

III. Community Feedback and Announcements

Mullins-

- Handed out flyer on a training opportunity on older adult mental health depression suicide being held on July 29th at the Phoenix Inn in Albany 8:30am – 12:30pm.

Farrell-

- Community Mental Health Picnic is scheduled for July 15th at the Lions Shelter at Avery Park from 5:00pm – 7:00pm. There will be music and food. Bring a dish to share (without mayo).

IV. New Business

Housing Program – Kenny Lowe, Housing Coordinator

Lowe is in attendance today to provide an overview of the Housing Programs provided through Benton County Mental Health. The programs are evolving and expanding, currently there are 3 Housing Coordinators (1 FTE, .9 FTE, and .6 FTE) and 3 Housing Peers (.6 FTE and two .3 FTE).

There are three Rental Assistance Programs:

Adult Mental Health Program – 26 slots, requirements include:

- Severe mental illness – functional impairment
- Individuals must have income

- Individuals pay 30% of income for housing costs
- No Benton County Mental Health enrollment requirement

Law Enforcement Program – 12 slots, requirements include:

- Severe mental illness – functional impairment
- Must have income
- Individuals pay 30% or income for housing costs
- Parole and Probation or criminal history barriers
- No Benton County Mental Health enrollment requirement

Benton Housing Program

- 5 slots
- Mental illness – prioritize severe mental illness
- No income requirement
- Client pays 30% of income if applicable
- Must be enrolled and engaged in Mental Health services

Lowie also went over the Adult Mental Health Residential options:

Adults Foster Homes

- Qualified Mental Health Professional (QMHP) assesses eligibility
- Low-high intensity community based services / ACT
- Medically monitored
- 3 facilities totaling 14 beds
- Other clients at Developmental Diversity homes/relative providers

Residential Treatment Home Facility

- QMHP assesses eligibility
- 3 facilities with 20 beds
- High intensity community based services
- Medically monitored residential
- Not typically active ACT clients as the facilities are intended to provide similar care.

Acute Care / Inpatient Care Discharge

- Regional Psych unit discharges
- Oregon State Hospital discharges
- Other discharge/transitions to alternative level of care

One challenge is how to increase the capacity with residential facilities. There is a need for capacity building with willing landlords and availability/affordability.

Harm Reduction/HIV Program – Chris Gray

Gray is in attendance today to provide a brief overview of the Harm Reduction/HIV Program. The following information was noted:

- Harm Reduction Program was established approximately 8 years ago in response to the epidemic of HIV and Hepatitis C
- Approximately 99% of the individuals Gray sees in Linn and Benton Counties who have Hepatitis C have shared needles
- Approximately 90% of the individuals in the United States who are infected with Hepatitis C have shared needles
- Over 5 million individuals in America are living with Hepatitis C and approximately 1.5 million with HIV
- Works directly with active injection drug users who bring in dirty needles and exchanges for clean ones
- Encourages drug users to be safer in their practices
- Focus on HIV and Hepatitis C reduction
- Sees over 100 individuals in the homeless community
- Individuals call Gray for the exchanges and he goes out to them
- Referrals to detox or drug treatment
- Provide access to medical care and insurance
- Can provide testing in homes
- Education in harm reduction
- Maintains an anonymous drop box outside the Public Service Building
- Annually exchanges between 56,000 to 60,000 needles
- Small percentage are diabetics that dispose of their needles with Benton County
- Posters are out in the community regarding the program
- Exploring ways to reducing overdoses
- Linn County does not have a harm reduction program
- Higher rate of Hepatitis C in Linn than Benton County

V. Old Business

Strategic Planning for 2016

- Pierson suggested everyone to review the list prior to the next meeting and come up with priorities.
- Wolcott asked about an update on the Stepping Up Initiative. Pierson said she would check on who could provide an update.
- Pierson stated that Sarah Gelser has MHADDAC meeting tentatively on her schedule for August. (30-40 minutes for this agenda item)
- Pierson has been attending meetings on streamlining of processes for meetings. She has reading material that she will email out to MHADDAC members to see if this is something the committee would like to incorporate into the meetings. Pierson requested this to be an agenda item for next month for discussion.
- Pierson asked for organizational charts for Mental Health, Developmental Diversity, and Alcohol and Other Drug Programs for the next meeting.

VII. August Agenda Items

- Mental Health and Suicide Prevention – Sarah Gelser?

Adjourned at 6:45 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
August 2, 2016**

Present: John Wolcott, Lisa Pierson, Jon Tripp, Andrea Myhre, Helen Cunha, Barbara Mullins, Tom Giles, Dianne Farrell, and Bryant Seton

Excused:

Absent: Robert Reff, Andrea Thornberry, Diana Allen, Amy Young, Steve Vets and Eleanor Daniels

Staff: Mitch Anderson, Jasper Smith, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:15 pm by Lisa Pierson, Chair.

II. Approval of July 2016 Minutes

The July 2016 minutes were presented for approval.

Motion was made by Tripp to approve July 2016 minutes as written. Wolcott seconded the motion, so approved by unanimous vote.

III. Community Feedback and Announcements

Wolcott

- Introduced his granddaughter Allison. In the fall, she will be on the student council at the middle school she attends and he felt this would be a good learning experience for her to see how committee work is done.
- Attended a homeless meeting in Portland where business owners had asked for the homeless be moved and cleaned up from the downtown area as it is affecting their businesses. An announcement was made at the meeting that a county owned building was opened as a homeless shelter. This was done without any advance notice. Wolcott reported that a lively discussion followed. The homeless people who were in the downtown Portland shelter were being moved into the new location. Wolcott also reported that he recently drove by the new location and everything seemed quiet and would not have known it was a homeless shelter.

Myhre

- Community Outreach Inc. (COI) and Corvallis Housing First (CHF) have been in discussion on how to divide up the homeless population. One idea was having CHF focus on respite for the medical fragile. There were a stoppage in the discussion between the two organizations due to funding. There a lot of ideas floating around but no concrete decisions have been made. One of the ideas is to put together a

coalition of organizations to provide supports at the current 4th street location unless other options are found.

Anderson

- Oregon recently settled with the Department of Justice law suit on getting individuals out of the hospital in higher levels of care. Out of this came the Oregon Performance Plan, which they negotiated with the federal government on what steps need to be taken to keep it from going back to the courts. A preview of this seems to be an aggressive plan; expanding mobile crisis, moving people out of the hospital quicker, double or tripling the numbers served by the ACT teams over the next 3 years; however, there is no money right now. They will need to take it before the legislator. One of the major concerns even if money is allotted, is the situation of finding staff to cover the services.

IV. New Business

Organizational Chart for Mental Health

The Mental Health Organizational Chart was emailed out to the committee as well as hard copy given out at the meeting. Pierson asked for additional information to be added to the charts the number of employees for each position. Anderson reported that it is difficult to keep up with names on the organizational charts due to constant changes such as new hires and terminations. It was decided that the number of FTE will be added to the Mental Health side of the organizational chart under each position type. **Action:** Shandy will send out revised chart.

V. Old Business

Strategic Planning

The list of strategic planning ideas was reviewed by the committee. The list is long and needs to be narrowed down to maybe three items.

It was suggested that the strategic plan should dovetail into the Health Department priorities. Tatiana Dierwetcher, Healthy Communities Program Manager is planning on putting together work groups this fall to refresh the Behavioral Health Community Health Improvement Plan (CHIP) priorities. Anderson will invite her or one of her team members to come to the September MHADDAC meeting to review and discuss the CHIP as this would be beneficial for this committee to move forward with strategic planning.

Pierson stated that she has an upcoming meeting with Sara Gelser and will obtain confirmation if she is able to attend the MHADDAC meeting in September. It was discussed to wait to invite the Board of Commissioners to a MHADDAC meeting until after focus areas are narrowed down.

VII. September Agenda Items

- Strategic Planning – Continuation
- Sara Gelser
- Community Health Improvement Plan (CHIP)

Adjourned at 6:40 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
September 6, 2016**

Present: John Wolcott, Lisa Pierson, Jon Tripp, Barbara Mullins, Helen Cunha, Andrea Thornberry, Diana Allen, Bryant Seton, Tom Giles, Amy Young, and Dianne Farrell

Excused: Andrea Myhre

Absent: Eleanor Daniels and Steve Vets

Staff: Mitch Anderson, Jasper Smith, Tatiana Dierwetcher, Kelly Locey, Peter Banwarth, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:15 pm by Lisa Pierson, Chair.

II. Approval of August 2016 Minutes

The August 2016 minutes were presented for approval. The following change was noted:
III. Community Feedback and Announcements, Myhre: Fourth sentence add “were” after There. Fifth sentence add “4th Street” to location.

Motion was made by Tripp to approve August 2016 minutes as amended. Cunha seconded the motion, so approved by unanimous vote.

III. Community Feedback and Announcements

Wolcott

- The Corvallis Advocate recently published a good article on the homeless situation. Basically the article said that nobody has committed to anything regarding the situation and winter is coming soon. He provided a brief overview of the article.

Mullens

- Community Outreach, Inc. is hoping to house 16 more individuals and looking for funding.

Anderson

- The Board of Commissioners Volunteer Appreciation event is happening the evening of September 27th. Anderson asked for a show of hands from members on who plans on attending; Pierson, Thornberry, and Mullens will attend. The invitation containing details of the event will be resent to those three members.

IV. New Business

Behavioral Health Community Health Improvement Plan (CHIP)

Tatiana Dierwetcher, Healthy Communities Program Manager, Peter Banwarth, Epidemiologist, and Kelly Locey Adolescent Health Promotion Program Coordinator are in

attendance today to provide an update on the Community Health Improvement Plan (CHIP). Handouts were provided – *CHIP Process Overview; Benton County Mental Health and Behavioral Health Priorities and Success; and Housing Opportunities Action Council Planning Update.*

Dierwetcher explained that the CHIP planning began in 2012, with the Work Plan Development happening in 2013-2014 and CHIP Implementation 2013-2017. Currently the CHIP is at the mid-point evaluation. Workgroups/stakeholder meetings will be initiated to evaluate progress on health status indicators to determine outcomes, summarize and share evaluation with workgroups/stakeholders and update the CHIP based on the feedback.

In 2012 there were several facilitated community meetings and conversations around the county to look at the data on things doing well and unmet needs. The top five priorities areas that emerged out of the discussions were: 1) Food security, 2) Obesity, 3) Housing and Transportation, 4) Mental / Behavioral Health, and 5) Health Care / Community Health.

The workgroups were then tasked with coming up with top 3 priorities within each of the five areas. Locey reviewed the 3 priority areas that the workgroups had landed on for Mental Health and Behavioral Health, which are:

- 1) Promote positive early childhood development, positive parenting, and violence free homes
- 2) Promote communication and coordination among agencies using community/mental health outreach workers
- 3) Expand the capacity of the mental health service system to respond to increased referrals.

Dierwetcher stated that it's important to remember that the work of the Health Department is to support targeted long term work that slowly and permanently moves the dial in some of priorities areas.

The Housing Opportunities Action Council (HOAC), with funding from Benton County, City of Corvallis, and Samaritan Health Services is working on conducting a mid-point update to the current Ten-Year Homelessness Plan. Meetings are happening monthly.

Banwarth handed out the Benton County CHIP Evaluation Key Informant Interview Template for MHADDAC members to take home and answer the questions on the CHIP Priority Health Issue: Mental and Behavioral Health. This information will provide valuable feedback. The evaluation document will also be emailed to members. The "homework" assignment is due at the October 4th meeting.

V. Old Business

Strategic Planning

Pierson asked Thornberry to share her experience in Strategic Planning. Thornberry suggested not going down into the weeds of the programs, even though this information is interesting. First priority is to define the vision and mission of the committee. Then understand the needs within Benton County and advocate the approach with the Board of

Commissioners. Suggested questions to ask are: what are the specific needs, why do we need them, and how much will it cost.

Pierson summarized on the whiteboard, the functions in the Bylaws for the committee. The following was written:

- 1) Advise Board of Commissioners & Mental Health Program Director
- 2) Assist in Assessment
- 3) Identify Needs & Priorities
- 4) Grants (may no longer be applicable)
- 5) Education and Outreach

Pierson asked members to review the five charges and list one or more priorities as a member would like to bring forward for consideration for the Strategic Plan. Discussion followed regarding looking at the CHIP priorities, process of updating the CHIP and aligning MHADDAC's Strategic Plan with the CHIP.

It was decided that a Doodle Poll will be sent out to members for possible dates/times for a longer meeting to focus on the Strategic Plan. A moderator was suggested for the meeting. Anderson will ask Dierwetcher if she or someone on her team can be the moderator, as they are experienced on these type of work sessions.

VII. October Agenda Items

- Strategic Planning – Continuation
- Homework Assignments

Adjourned at 6:40 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
October 4, 2016**

Present: John Wolcott, Lisa Pierson, Jon Tripp, Bryant Seton, and Amy Young

Excused: Dianne Farrell, Barbara Mullins, Helen Cunha, Andrea Thornberry, Diana Allen, Tom Giles, and Andrea Myhre

Absent: Eleanor Daniels and Steve Vets

Present: "Community Member"

Staff: Sara Kaye and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:13 pm by Lisa Pierson, Chair.

II. Approval of September 2016 Minutes

The September 2016 minutes were presented; no quorum for approval. No changes were noted; however, the minutes will need to be approved at the November meeting.

III. Community Feedback and Announcements

Pierson

- Invited a community member to today's meeting to voice her concerns on services not provided for her child.

Tripp

- Last stitch taken out from his bicycle accident.
- Homeless shelter will be open this year.

Wolcott

- Last year for the homeless shelter to be at their current location. Wolcott strongly believes that there needs to be a hands on person to attempt to deal with any mental health issues.

Seton

- Asked if there has there been efforts between the City of Corvallis and those who are against the homeless shelter being downtown. Pierson said the person who filed the law suit is a business person who does not live in this area.

IV. New Business

Supported Employment

Sara Kaye, Supported Employment Specialist for Benton County Mental Health provided handouts – *Information on Evidence-Based Supported Employment for Practitioners and KMTR 16 Featuring the Assertive Community Treatment (ACT) Team.*

Benton County Mental Health has had the Supported Employment program for approximately 2 years. The ACT team serves 50 people at this time; 12 clients are on Kaye's caseload at a time, 24 served so far this year. Kaye who works a .8 FTE provides supports with job search and works with Vocational Rehabilitation and other businesses. The majority of her time is spent out in the community looking for employment opportunities and working with her clients. She is always looking for feedback and job leads for the program; networking is a key part of her job.

Outcomes and benefits for clients in this program are:

Universal Benefits

- Money
- Fulfillment of a human need
- Responsibility
- Empowerment
- Self-direction
- Confidence
- Respect
- Hope

Stability

- Reduced mental health symptoms
- Reduced rate of hospitalization and law enforcement contacts
- Recovery and graduation from support services

Benton County has one of the lowest rates of re-hospitalization and incarceration in the state.

V. Old Business

Strategic Planning

Homework assignments will be turned in and reviewed at the November meeting since the majority of the members were not in attendance for today's meeting. There were several questions from members in attendance in today's meeting; however, will questions/answers will be deferred until the November meeting when appropriate individuals are in attendance.

The following questions/comments were noted:

Wolcott -

- Who is the County Budget Advisory Committee?

Pierson -

- Is MHADDAC part of the assessment for the CHIP?

- There are a lot of non-qualified mental health professional positions vacant that aren't being hired.
- Discussion with Carolyn Fisher is that Samaritan is having case aides do the initial mental health assessments for Samaritan and being billed under the qualified mental health professionals (QMHP). Why isn't Benton County doing this? Hire more case aides and less QMHP's? Pierson suggested a comparison of which positions are vacant and where they are in the process.
- Advocate through IHN to provide more funding to the Health Department
- Should there be a representative from MHADDAC on each of the other committees and review their agendas?

Tripp -

- Is there any talk about building a new mental health building?

Pierson will bring the placemat that was put together for the Benton Local Advisory Committee on how to raise issues and identify needs and priorities.

VII. November Agenda Items

- Homework Assignment
- Strategic Planning – Review Assignment

Adjourned at 6:35 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
November 1, 2016**

Present: Dianne Farrell, Barbara Mullins, Steve Vets, Bryant Seton, Diana Allen, Tom Giles and Amy Young

Excused: Helen Cunha and John Wolcott

Absent: Eleanor Daniels, Lisa Pierson, Jon Tripp, Andrea Thornberry, and Andrea Myhre

Staff: Mitch Anderson and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:19 pm by Barbara Mullins.

II. Approval of September and October 2016 Minutes

The September and October 2016 minutes were presented; no quorum for approval. The minutes will be approved at the December meeting.

III. Community Feedback and Announcements

Farrell

- Reported that she recently heard that residents at the Sequoia House run by Shangri La take their food and stay in their rooms. The food is not good, only microwaved and no veggies. Meal times seem to have no social interaction or nutritional food. Committee members recommended that Farrell suggest the person who observed the situation register a complaint with the state and cc the Sequoia House. Anderson stated that Kenny Lowe, Housing Specialist can help the person write the complaint if needed.
- Handed out a paper - *\$20 Million in Funding for Mental Health Housing Now Available from Chris Bouneff, Executive Director of NAMI Oregon*. Anderson explained details to this funding, and how the money works for construction, land, and other costs. Only a certain percentage of units can be reserved for the mentally ill, can't specifically reserve as this violates fair housing. It is not feasible for Benton County to put in an application for this funding as other sources of funding have not been identified.

Giles

- Announced that the Residential Facility Ombudsman office will be starting to visit Benton County developmental diversity group homes and foster homes in the middle of next month. The resident ombudsman will take complaints and advocate for the resident. More information will be provided next month.

Anderson

- Announced he has been working with Carolyn Fisher from Samaritan around resources for youth, in particular suicide prevention/intervention. Anderson has worked with the State to get some funds for a pilot for young adults and kids – Emergency Diversion (ED). The hope is that the Samaritan Emergency Department will be able to provide a portion of the funding to secure a full time person who would provide resources supports to all ages presenting at the ED around suicide.
- Reported that he has been negotiating with Youth Move on expanding safety net building for youth. The components would include activities for youth, how to help and talk to friends, and parent education.

Mullins

- Reported that a mental health crisis/resource app that will be rolling out soon. It will be customized to local areas. Information will be shared about the app as it moves forward.

IV. Old Business

Homework Assignment

Peter Banwarth, Epidemiologist is in attendance to pick up the Community Health Improvement Plan (CHIP) evaluation homework assignment from MHADDAC members. Any member who forgot theirs today can email their paperwork to Shandy. Feedback is appreciated and comments/ideas will probably be incorporated. Banwarth will provide at the next meeting the data mapping for the behavioral health addendum for MHADDAC members to review.

Strategic Planning

Mullins reviewed the bylaws homework assignment – 5 function areas of the committee. Members discussed strategic planning ideas. Young commented that she would like to see regular attendance by staff / managers at MHADDAC meetings. She feels that the committee's role is to formalize relationships with the community and appropriate agencies in order to have the best chance of action items come to fruition.

Giles suggested dedicating a timeframe, such as 3-4 months for each program area – Mental Health, Addictions, and Developmental Diversity. During that time period, focus on a specific topic that the entire membership decides upon. Suggestion is to start with Mental Health. Members in attendance agreed this would be a good idea.

Mullins stated the priorities should be focused around the Benton County Health Department (BCHD) CHIP. The BCHD done a community process with multiply community meetings where the community provided the input and development of the priorities within the CHIP. Important for MHADDAC to continue with that process. Anderson suggested it would be valuable for the committee to do a deeper dive in certain areas and translate what people are looking for.

Decision was made to schedule a 3 hour facilitated meeting in January and to start the focus on Mental Health. Anderson will ask Tatiana Dierwetcher, Healthy Communities Manager to provide facilitation. Shandy will send out doodle poll to members on meeting dates. Shandy will also again send out to members the *Community Health Improvement*

Plan highlighted document - Benton County Mental Health and Behavioral Health Priorities and Success.

VII. December Agenda Items

- Behavior Health Assessment Update – Peter Banwarth
- Planning Session for January
- Nomination and Election of Chair and Vice Chair Positions

January Agenda:

- Strategic Planning 3 hour session: Start with State of the Mental Health System – Mitch Anderson

Adjourned at 6:20 pm