

Benton County Health Services

Crisis and Information Hotline

24-Hours A Day

1-888-232-7192

- Crisis Intervention
 - Confidential
 - Referral

Oregon Advocacy Center:

1-800-452-1694

Accountable Behavioral Health Alliance

541-753-8997

Oregon Health Plan Accepted

Screenings and Referrals Available

We value your comments. Ask the Front Desk for a Consumer Concern Form and mail or leave it with any health department staff person.

TDD: 1-800-221-2832

Adult Outpatient Mental Health Program

*We look forward to serving you
and helping you reach your goals*



530 NW 27th Street
P.O. Box 579
Corvallis, OR 97339
541-766-6835

Welcome to Benton County Health Services!

We look forward to working with you to provide quality client-centered services.

Benton Health Services provides a range of choices for both primary health care and mental health services, through our Federally Qualified Health Center. We hope you choose us for your health home.

Our electronic health record lets us confidentially share your information with your home health team ensuring quality, timely whole health care.

Benton County mental health services are recovery oriented and trauma informed. Working together with you, your team will focus on helping you identify and reach your goals. We value your independence and we will work with you to return you to your active life as soon as possible.

- Treatment is complete when you achieve your service plan goals.
- Multiple appointment no shows may lead to discharge. Please call 24-Hours in advance to cancel or reschedule.
- Return to services whenever you need to. Achieving health is a life-long process!

Evidence Based Treatment Services

- Psychiatric Services
- Medication and Case Management
- Assertive Community Treatment Team
- Certified Peer Specialists

Short Term Therapy

- Illness Management and Recovery
- Solution Focused Therapy
- Cognitive Behavioral Therapy

Evidence Based Groups

- Seeking Safety-Trauma and Abuse
- DBT Skill-Manage Your Emotions
- Anxiety Group-Stress Management
- Social Group-Assertiveness Skills
- Change Group-Learning to Change

Program Manager Behavioral Health
541-766-6835