



Benton County

Public Health Planning Advisory Committee

(PHPAC) March 16th, 2016 Minutes

Present: Louise Marstall, Barbara Hanley, Sandi Bean (Chair), Lesli Uebel, Judy Sundquist (Vice-chair) & Roxanne Shaw

Excused: Marisa Thierheimer

Staff: Charlie Fautin & JonnaVe Stokes (recorder)

I. Call to Order and Introductions

The meeting was called to order at 6:04 p.m. by Chair Bean.
Member Shaw was welcomed to the committee.

II. Approval of February 2016 Minutes

The February 2016 minutes were presented for approval.

There were three noted changes:

1. Under section III., line 12, change “medical insurance/medical care, the currently enrolled Medicare population, and advise the appointed board of directors” to “medical insurance/medical care, the currently enrolled Medicaid population, and advise the appointed board of directors.”
2. Under section V., delete line 8.
3. Under section III., Questions / Answers to the Benton County PHPAC:, question 3, add “advice and recommendations on community health,” to the end of that sentence.

MOTION was made to approve the February 2016 minutes as amended; motion seconded; all in favor, so approved.

III. Community Health Improvement Plan - *Mac Gillespie, Healthy Communities Coordinator, Benton County Health Services (BCHS)*

PowerPoint: Benton County Community Health Assessment & Health Improvement Plan

- The Community Health Assessment (CHA) was conducted in 2012. This report includes data that described the state of the local community at that point in time and helped workgroups prioritize health problems.
- After the CHA was completed community partners convened to review this data and became part of the steering community that created the first Community Health Improvement Plan (CHIP) for 2013-2018. The CHIP has five priority areas: food security, behavioral health, community health, housing and transportation, and obesity.

Food Security workgroup goals:

1. Improve access to fresh and healthy food by: reducing food insecurity among children and families, increasing participation in Supplemental Nutritional Assistance Program (SNAP) among seniors and increasing consumption of fruits and vegetables.
2. Improve utilization of food assistance programs among eligible residents in Benton County by: increasing participation in free and reduced lunch programs and increasing SNAP use among households.

Obesity workgroup goals: decrease the prevalence of being overweight and obesity across the lifespan, encourage physically active lifestyles for all residents of Benton County and reduce the consumption of soda and other sugar-sweetened beverages among youth.

Housing and Transportation workgroup goals: improve housing quality for all residents, improve home safety for young children and older adults, improve utilization of alternative modes of transportation, improve safety for pedestrians and bicyclists on public roads and expand trails, bicycle lanes and connections among all communities within Benton County.

- Because housing has become so unaffordable, people keep moving farther and farther away. This increases the burden for people that work and go to school in Corvallis.

Healthcare / Community Care workgroup goals:

1. Promote overall health and well-being by: reducing premature death and increasing youth and adults who report good or excellent physical health status.
2. Increase access to health services by: improving the health and well-being of women, infants, children and families and increasing the proportion of pregnant women who receive early and adequate prenatal care.

Mental and Behavioral Health workgroup goals:

1. Improve mental health and well-being among youth by: reducing adolescent suicides and proportion of adolescents considering suicide and reducing the proportion of adolescents who report experiencing harassment.
2. Improve mental health and well-being among adults by: increasing the proportion of primary care physicians who screen adults for depression and decreasing the number of poor mental health days.

Handout: 2012 Oregon SNAP Participation by County Partners, for a Hunger Free Oregon

- There are only 39% (10,000 residents) in Benton County that are utilizing SNAP benefits; almost 16,000 more people are eligible and not participating.

Handout: Closing the SNAP Utilization Gap in Benton County: Assessing, Priority Setting, and Mobilizing for Action

- This is a study being conducted to find out who is utilizing SNAP benefits.
- What policy barriers are preventing students from utilizing SNAP?
- If students aren't accessing SNAP are they accessing other public health programs?
- What role can businesses play in this?
- What obstacles are standing in the way?
- Foodbanks, Linn-Benton Foodshare, and Gleaners are all part of this workgroup.
- Vulnerable populations exist here that are from other parts of the world.
- Oregon State University now has a foodbank on campus and is the first campus in the country with a market that accepts food stamps.

Handout: South Corvallis Community Food Center Project

- This Food Security workgroup has been working closely with the local foodbanks on a solution to help people move off of nutritional assistance and in creating a local food center.

- Some of the plans for this food center include: creating a facility that is allowed to take donations and hand food items out; a community kitchen that can be used for cooking classes and preservation of food; have an onsite farmer's market and gardening space.
- A feasibility study was performed in 2012.
- Linn-Benton Foodshare has plans to construct a new facility in South Corvallis.
- The health department has been facilitating these conversations with all partners involved. Partners are now looking at having office space in the new foodshare building to offer additional services for residents coming in for food.
- The old auction yard in South town is on the list to be designed as a food center; which is part of the South Corvallis Refinement Plan.

IV. Recruitment

- The new flyer was passed out to the committee to use for recruitment.
- Member Desilet has recently resigned from PHPAC.
- PHPAC now has five openings on the committee, two are open under the "health practitioner" positions and three are open under the "well informed on public health matters" positions.

V. Public Health Week Awards Event - *Charlie Fautin, Deputy Director, BCHS*

- Thursday, April 7th, 5:45pm, at the Sunset Building, 4077 SW Research Way, Corvallis.
- PHPAC officers have emceed for this event in the past.
- Theme for public health week idea is to include social determinants of health, but focus on housing this year. To be decided by the Board of Health.
- This event will take the place of the regular monthly April PHPAC meeting.

VI. Member Activity Reports

- Chair Bean to attend a legislative meeting at the Oregon Public Health Association in Portland on Friday.
- Member Marstall finished the wellness class on chronic illness in Albany, which has been a life changing course for many people. Good Samaritan offers this program for free to the community.

VII. Adjourn

MOTION was made to adjourn; motion seconded; all in favor, so approved.

The meeting was adjourned at 7:40 p.m. by Chair Bean.