

## **Benton Local Advisory Committee Minutes – April 24, 2015**

Benton County Sunset Building, 10:30 – 1:30

**Call to Order.** 10:30 AM

**Introductions.** (11 in attendance)

Present:

Sam Sappington (Co-Chair), Michael Volpe, Karen Caul, Richard McCain Sr. (Stretch), Joe Zaerr, Deborah Morera, Judy Ball, Lauren Zimbelman, Marisabel Gouverneur

Absent: (with apology) Amy Roy

Ex Officio:

Rebekah Fowler (Coordinator), Mitch Anderson (Benton County Health Department)

Guests: Betty Johnson

### **Review Minutes from last month**

Minutes from February 27, March 27, April 24, 2015 will be reviewed and sent out to everyone within the next week.

### **Announcements**

**May 5<sup>th</sup>** meeting – Communications sub-committee meets

**May 11<sup>th</sup>** orientation at Oregon Coast Community College (OCCC) is from 9-2 (breakfast at 8:30 - lunch served too). OCCC is located in Newport.

According to Google maps: As you enter town on Hwy 20, turn left on 101. Go over bridge. Turn left on Ferry Slip Rd, quick right onto Ash St, then in about ½ mile turn left on 40<sup>th</sup> St. See map at bottom of minutes. Or it seems a left on 40<sup>th</sup> is possible from 101

- Bill Bouska will be there.
- An update about the IHN-CCO transformation plan.
- Will have a brief overview of pilot programs.
- Discussion about mental health.
- The Regional Health Information Collaborative conversation – provider data base.
- Discussion about the input that the CCO would like to have from the CAC and local advisory.

**May 11<sup>th</sup>** - CAC meeting will be from 2-5pm at the same location (may release early). Business of adopting this year's report for the CHIP

**JUNE 3-4 CCO Summit.** We are talking about having a shuttle for transportation. Lots of members are already registered

### **Agenda Item – BLAC member recruitment**

From Sam: Hilary has stepped down as Chair but would like to stay on the BLAC. Melissa has resigned her position.

#### **Co or Vice Chair**

Sam: Need a new co-chair for the committee. Who would consider stepping up for the position? Position would require some recruiting, sit on a couple other committees and regional CAC, among other things. Joe: what are the thoughts about Chair and vice chair verses Chair and co-chair?

#### **Chair**

Sam: if I am to be honest with myself I am not sure I am able to continue in this leadership as Chair – would be open to bringing in two new Chair/Co-chair people. Rebekah: suggest Sam send out message to everyone to talk more one on one about their interest in either position. Joe suggested maybe a nomination committee. Stretch and Mike said they would possibly help search for these positions.

**CAC liaison** position is also open. The group will make a recommendation to Mitch. Person communicates information about our local group to the CAC and then reports back to the BLAC about the CAC meetings.

Mitch: position of leadership in volunteer committees... think about how meetings are organized so work really gets done in the meeting, work out agenda for next meeting during this meeting, making the role of Chair/co-chair more of a representative at other meetings instead of having a lot of outside work to do.

**Next Step:** Sam will work with Stretch and Mike to identify possible candidates.

### **Agenda Item – Goals to Outcomes**

BLAC is charged with behavioral health – outcomes. How is the process going, what is working, what needs to be changed? Review of minutes from last month and document (matrix) from Rebekah. These notes are partial representation of conversation. Rebekah put bullets right into her document.

Goal 1 – Increase child mental health and wellbeing outcomes we have so far are:

- Increase child mental health and wellbeing

- Increase % of children who are resilient
- Decrease suicide attempt rate, suicide rates, and ideation

Goal 2 – Reduce stigma associated with diagnosis and treatment of behavioral health issues in order to improve access and appropriate utilization of services.

- People wouldn't avoid getting mental health care because of embarrassment and providers may be more willing/able to ask patients the question about how they are feeling
- To reduce the fear of dealing with behavioral health issues
- Encourage routine behavioral health screening and referral opportunities in physical health care encounters
- Increase percentage of members who are comfortable and empowered to seek appropriate behavioral healthcare

Goal 3 – Expand service options for behavioral health treatment for children, adults, and families

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**Next Steps:** Rebekah will send the matrix document out to everyone and it will also be at the May 11<sup>th</sup> meeting. Come ready to brainstorm for Goal 3 to our May meeting.

### **Agenda Item: Activity update – Handout**

Rebekah has created a CHIP activity update. You have a copy in advance of the next CAC meeting. The document shows the pilot of many activities within each goal.

**Action: Everyone to** review materials and contact Sam with any recommendations that he can take to his next meetings before May 4th

### **Agenda Item – new meeting day/time?**

Results of poll showed that the fourth Friday looks like the best week to meet.

Would like to change to accommodate Hillary and Bill but don't want to change meetings to days that would keep others from attending. Stretch wants to look into evening meeting time. Talk about different days of the week. Sam proposes staying with the 4<sup>th</sup> Friday but change to the 5<sup>th</sup> Friday when possible. Joe would like to have a set schedule so he is able to best schedule other obligations. Marisabel suggests that a

day should be picked (or change to two times a month). Bill is unavailable all day on the 4<sup>th</sup> Friday from here on out.

**Action: We will keep meetings on the forth Friday unless there is a 5<sup>th</sup> Friday. Next meeting will be May 29<sup>th</sup> (5<sup>th</sup> Friday) in this room, 10:30-1:30**

**Draft: Agenda Item for next meeting – Chair (improved draft below)**

- Introductions
- Minutes, review and approve
- Goals to Outcomes for goal 3: Expand service options for behavioral health treatment for children, adults, and families
- Chair position discussion
- CAC liaison discussion
- Updates from:
  - Bill Bouska
  - Mitch Anderson
- What to expect at the June summit and transportation options
- Member comment
- Public comment

**Public Comment**

**Betty Johnson, BTT.Johnson.22@gmail.com:** member of Mid-Valley Health Care Advocates – educating and advocating for health care for ALL.

1. Presentation on Sunday, May 3 – noon at Church of the Good Samaritan – Universal Health Care for All, A Christian Perspective. What scripture and church tradition teach about the importance of universal health care for all.
2. In an effort to continue our support of IHN-CCO we will be organizing celebrations in Linn and Lincoln counties (maybe Benton too) for the 3<sup>rd</sup> anniversary in August. Have met with Kelley and Kim to start planning.

Two bills, HB 2828, the study bill. Has been approved without funding – now in to get funding. Contract a study of 4 different health care systems to evaluate them  
SB 631 (hearing May 4<sup>th</sup> at 3pm) propose equitable and funded health care for all

**Next Meeting.**

**May 29th 10:30-1:30** Sunset Building (the 5<sup>th</sup> Friday due to Memorial Day)

**Adjourn. 1:30**

Newport map



